



Monthly Lesson
September 2012

Continuation of “Specific Treatment on Substance, Law, Cause and Activity”¹

Now we come to the word “activity.” There is just one Activity, and It is spiritual and invisible. All outer manifestations of activity stem from the Activity of God the Father, God the Son and God the Holy Spirit. This is the Activity that holds the earth in its orbit, and holds all the planets in divine order. This is the only Activity there is and no human thinking could ever disturb It. Can we disturb or change the activity and rhythm of the tides? There is no power that we can use because God is all activity, Omniactive. In truth, there is no over-action, inaction, or diseased action. This / that I am is Omniactive. If we hold to this truth, we are able to rest from taking anxious thought and we rest in action. *“There remaineth therefore a rest to the people of God.”*²

This is just a taste of specific work. As a rule, we can't start the healing practice without development

¹ 1991 Asilomar Retreat, Tape IV (9107), Side 2 continued (with updated additions by Virginia Stephenson)

² Hebrews 4:9

along these lines. Our awareness of truth must be expanded so that we understand and contemplate these four points – substance, law, cause and activity. They relate to everything in our universe, and when we can go back to these principles, we purify our mentality of its tendency to give power to the world of effect. Eventually we can look at any appearance of discord without reacting and we see healings. Why? We have built the temple with God as the foundation by going within and gaining peace. But we cannot do this unless God is the impetus behind it and the foundation is One power and One Presence.

During the last 30 or 40 years, people have frequently blanked out their minds with television and other distractions so that they don't regularly think or contemplate the deeper aspects of Life. But we must use this faculty of mind and develop it spiritually because it gives us spiritual “muscle” in this world. We do this by filling our mind with truth and then contemplating these spiritual principles. A mind filled with the understanding of Oneness is a law of harmony in our experience.

When I was studying with Joel, I was very carefree, and he used to say to me, “Remember, Virginia, the human concepts are sometimes beautiful, sometimes ugly, but they are always erroneous!” My life was so beautiful that he was afraid I would fall by the wayside because I was enchanted with a happy experience! He kept saying that problems were our best opportunities, and he would send me the most difficult cases. It is not God who heals, but the degree of realized truth of the practitioner who lifts

himself or herself so above the pairs of opposites that he or she has that mind that was in Christ Jesus and can experience the Kingdom of God and bring the patient into that Oneness. When the patient has the realization of his or her spiritual identity, the discord automatically disappears. The practitioner has no power over a discord or a person; it is the Christ peace that dissolves the error. The practitioner has dominion only over his or her own thoughts and activity. If the practitioner has that God-given dominion, remains absolutely unmoved by whatever opinion is given, reinterprets as long as necessary without becoming weary, and rests in "My Peace," there can be a healing. Someone asked me what "longsuffering" is. This is longsuffering and patience. Sometimes healings seem to take a long time, but in truth, the healing comes in the moment of realization. That moment of realization is always the eternal Now.

Let's turn to the Wisdoms on "the dream." "Do not expect the power of God to function in the 'dream,' but rather to break the dream."³ Sometimes people will come to you with a problem, but they do not want to surrender or give up anything to receive the Kingdom of God. They will say, "Nothing has happened. I still don't have a job. I still haven't found my right place," and so on. Their conversation centers on the world of effect, the dream world. You have to say, "Listen, the only thing in our thought is spiritual causation, and God is the only cause fulfilling Itself as you. There is only One employer and One employee, and that is God Who constitutes

individual being. This realization will fulfill Itself as harmony, and unless you want that realization, I can't help you."

At the end of Joel's ministry, when people said such things as "In the spiritual life, I deserve a home," Joel would say, "Go find a real estate agent." I feel the same way. When people come to me with a claim of disease, I ask, "Why would you think this?" When they tell me that they went to a doctor and had all the tests, I tell them to continue with the doctor. In this message, sin, sickness and death are seen as illusory, the dream world. I will not enter your dream. Would you like to continue on with that dream? Do you want the appearance healed? It is up to you! I'm not a medical doctor and can't heal a headache, but I have seen illusions disappear when I know the truth. Do not expect the power of God to function in the dream but break the dream! As students of truth, we awaken from the Adamic dream of two powers and learn to live in, through and by the Spirit.

"Do not contact God to adjust, change, or heal the dream. The understanding or awareness of God breaks the dream."⁴ An awareness of God breaks the mesmeric hold. What happens if in your sleep, you dream that you have a disease and you are going to die, but then someone wakes you up? What happens to the dream and the dreamer? They disappear! Gone. What remains is the child of God who has never really left Heaven for earth, and the harmony of that divine estate outpictures. It is

³ Wisdom of the Infinite Way, The Infinite Way, Joel S. Goldsmith

⁴ Wisdom of the Infinite Way

important to know that you work against a practitioner when you think of him or her as a doctor who can heal a disease and yourself as a sick or sinning mortal. A practitioner is awake and knows his or her true Identity as well as your true Identity as incorporeal being.

When you read the Infinite Way books, you will see that we are dealing with a universal mesmerism that acts hypnotically. It is a dream state. The point is to awaken and inherit the Kingdom of God that was prepared for you from the beginning of the world. You start by being obedient to those two great commandments: *“And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength”* and *“Thou shalt love thy neighbour as thyself.”*⁵ To love God, you must worship spiritually, sacredly, silently and in secret, realizing the truth of your forever oneness with Spirit, an indestructible union of Soul and Spirit.

“To know that one has been functioning in the dream is the beginning of the awakening.”⁶ The moment your thought dwells on person, place, thing or condition, you are functioning in the dream. How many times do we lapse into the dream? But when we know that we have been functioning in the dream, we are awake and we can go back into that contemplative form of meditation where we cogitate and ruminate on God as the substance, law, cause and activity of all that is and then enter the silence of Infinite Being. Being is infinite, and as we silence all

⁵ Mark 12:30-31

⁶ Wisdom of the Infinite Way

material sense, we feel this great calm that dissolves all misconceptions.

“True non-resistance is the ability not to expect God to function in the dream. This does not mean that one lives without God, but rather, one finds his life to be eternally in God.”⁷ When these problems are presented to us, we must remember *“My Kingdom is not of this world”*⁸ and I’m going to live in My Kingdom. I’m will not dally in the in-between or try to change the appearance world. No, I embrace My Peace and let this great Peace dissolve in me all material sense.

“No longer reaching out to God, no longer seeking God’s help is to be awakening out of the dream into reality” and “Whenever there is a sense of ‘needing’ God, one is functioning in the dream.”⁹ Study these wisdoms because they will keep you awake! When you are awake, you will live, move and have your being in God. Your conversation will be in Heaven and you inner thoughts will be focused on the Infinite Invisible as omnipresent good, everywhere present, expressing Itself and revealing Itself through and as individual being.

You cannot live in the world of material sense and practice this; you must come out from the world and be completely separate because you are not living where anyone else is living. You must feel this solitary Self that Joel speaks of in his poem

⁷ Wisdom of the Infinite Way

⁸ John 18:36

⁹ Wisdoms of the Infinite Way

“Aloneness.”¹⁰ If you get too busy in this world, it is difficult. Many of our younger students would like to be engaged in this work, but they still have families to support and their meditations, study and silence must take place at night or early in the morning. But diligent practice of inward silence living in the Now makes it possible to bring to our human endeavor a wonderful sense of peace and joy. It makes the crooked places in our daily life straighten out without a lot of human effort. And it smooths our relationships with family and fellow workers, creating a happy experience for us.

Joel speaks of the unilluminated mind and the illuminated mind. The unilluminated mind is the mind that believes in personal power, identifies with the body, and accepts the belief in two powers. It could be a well-educated mentality, but it could still be unilluminated to the truth of one Presence and one Power. When the human mentality is filled with all the human distractions that create fear, anger and sorrow, it is easy for depression and discontent of every nature to influence the population.

The illuminated mind has conviction that there is only one Presence and one Power, and it sees problems as opportunities to prove God’s presence. Since our world of effect or material sense that we live in is a mental projection, it is so important that we understand the nature of mind so that we can influence our community and our world by releasing “The Hidden Splendor.”

¹⁰ The Art of Meditation, chapter entitled “The Earth is the Lord’s,”
Joel S. Goldsmith

Dear Friend,

What a great gift of Love we give when we imbue our mind with truth and throughout the day have frequent short meditations of inner silence and peace based on One Power and One Presence. This atmosphere of prayer then permeates human consciousness and where there is receptivity, there is healing and awakening. Those touched by the Spirit start their search and are led to a way that fits their need. Others who are already awake feel this Holy Hush, this Divine Influence that calms the mind and gives bliss to it.

So let us never forget to release this Divine Influence. Without our doing anything outwardly or even mentally, the inner Joy, “My Joy,” will be felt by all who are attuned.

In loving Oneness,

Virginia

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