



Monthly Lesson
October 2015

“Prayer, Meditation, Soul”¹

We'll continue the subject of prayer because it is through prayer that we have communion and union with God. Through prayer, our level of consciousness is changed. Prayer must always be new. It cannot be a thoughtless ritual or a practice where we sit down and blank out the mind. True prayer requires preparation, the contemplation of the nature of God. We don't try to contemplate God Himself because even the illumined human mind cannot grasp the infinity of God or God's grace.

The purpose of contemplation is to lift us out of mass mindedness, out of attachment to human concepts, out of attachment to the Tree of the knowledge of good and evil, and realize that the Oneness that is operating has always operated. Nothing ever really separates man from God. We think of the material sense of existence as the human dream. When the dreamer awakens, all characters and forms in the dream disappear. This is the Infinite Way – we are in an awakened state when we can recognize the non-power of temporal or material conditions. We realize that this is a spiritual universe, that there isn't God *and* man – neither is there God *and* a material universe.

God, Divine Consciousness, the Creative Principle, created and maintains this spiritual universe, the only universe that is in divine order. God is unfolding, disclosing and revealing His Wisdom, Love and Intelligence to us in proportion to our receptivity. But to be receptive, we must be conscious of this divine Nature and aware that a God of Spirit who created spiritual Reality can reveal only spiritual truth, attributes, and characteristics. These are attributes of peace, love, joy, righteousness, goodness, self-government, self-control, kindness and purity. They are spiritual fruits or treasures and that is all that God can reveal! God can reveal spiritual Law and spiritual Causation to those who are prepared.

I'm thinking now of Buckminster Fuller, a great man who made his transition in 1983. Truth revealed itself to him in architecture, invention and spiritual law because he was intellectually prepared through experience and study to receive those. If we don't have that particular talent, spiritual law will be revealed in another way. In our message, spiritual law is revealed as spiritual harmony and wholeness. It is revealed by understanding God's integrity and the integrity of His creation. It is revealed by understanding that God is too pure to behold iniquity and cannot see evil. This reveals that His creation is entirely pure without a single element of error. If there were one element of error in God's creation, there would be no Truth or Integrity. In contemplating the nature of God as spiritual Light, Illumination, it may appear to our sense as an experience of physical light as God is the Light of the World. The only reason we can formulate pictures or concepts is because there is a Light operating, and that Light knows no darkness at

¹ 1983 Asilomar Retreat, Tape 5, (8351), Side 2

all. The Light is always operating – if it were not, we would be living in a world without form. So as long as we can behold formations, those formations are Consciousness formed. When we are contemplating our Oneness with God we see Light: “*For with thee is the fountain of life: in thy light shall we see light.*”² “*And God saw everything that he had made, and, behold, it was very good.*”³ “*I and my Father are one.*”⁴ “*The Lord thy God in the midst of thee is mighty.*”⁵ “*I am the Light of the world.*”⁶

In this Light, there is only illumination that dissolves all material sense in us. So the contemplative form of meditation lifts us and makes the adjustment within ourselves. One of the greatest adjustments is to dwell on the Light of love, the Light of truth, and the integrity of the creative, maintaining and sustaining Principle. We dwell on this, contemplating and acknowledging Him in all our ways and when we enter the Silence, we are prepared for the experience. This experience is always a release of all personal responsibility. There may be a feeling of beautiful peace: “*Great peace have they which love thy law and nothing shall offend them.*”⁷ Nothing can offend those who know the government is on God’s shoulders. Nothing can offend those who know there is only one Law, spiritual Law and that all creation emanates from God and is maintained spiritually. Therefore there are no laws of matter, economic laws, or physical laws of disease or discord

² Psalm 36:9

³ Genesis 1:31

⁴ John 10:30

⁵ Zephaniah 3:17

⁶ John 8:12

⁷ Psalm 119:165

to overcome. All that is reflected as law in the human scene must conform to Truth and Love for there is only One law and One lawgiver. *I Am All in all and through all.* This is spiritual law but it doesn’t mean that God is in the human concept that we see when our mental camera is in material sense and out of focus.

When you contemplate spiritual Law, *God is All in all*, He is in Himself only, including the universe and man. As we have that sense of great Peace within, we experience spiritual creation. But first through contemplation, we must lift ourselves out of the material or physical frame of reference (known as material sense). Then through illumined vision, spiritual sense, the fourth dimensional consciousness, we will see the luminous, incorporeal reality of man, tree or flower. We will experience this because through our contemplative form of meditation, we lifted ourselves above the material and physical sense of good and evil.

We must reconcile man to God. We must reconcile our world to God because *we cannot bring God into the world of human concepts!* When we have reconciled ourselves to God, and realized, “*The Lord thy God in the midst of thee is mighty,*” *I* in the midst of me is mighty. *I* in the midst of me is spiritual Law, spiritual Grace, spiritual understanding, vision, wholeness – then we are a place where God shines though. We are a blessing to all in this world of duality – those who are still asleep in the dream of material sense. This inward realization we have through reconciliation and the contemplative form of meditation lifts all mankind: “*And I, if I be lifted up from the earth, will draw all men unto*

me.”⁸ Let’s lift up that *I* and realize that I am not the body, thought or mind -- the mind and body are just instruments. The mind is an avenue of awareness and the body is an extension of these avenues. Think about the body and its relationship to Soul. All seeing is spiritual; perception is a spiritual faculty of Soul. Hearing is not dependent on an auditory nerve or organ; hearing is a faculty of Soul. *I* hear, *I* see. Feeling is not dependent on the emotions or nerve endings on the body, but is an activity of Divine Love, operating in the Soul of man for God is the Soul of man. Touching is a spiritual activity of Soul. We touch people in many ways that are not physical. We touch them with the beauty of Holiness. We touch them when we recognize their divinity even as we see their humanity. We touch them with tenderness and kindness, with our joy and with our peace. We touch them with our fidelity, honesty and integrity – these emanate from the Soul.

All these qualities function through the avenue of awareness of the mind. The mind does not create these qualities or spiritual graces – these graces abide in their fullness in our Soul, in the Soul realm. Then our body -- the seeing, hearing, touching, feeling, speaking of the truth in love – becomes an instrument for God and we are “*every whit whole*”⁹ in this integrity of Being. This is done through reconciliation and it must be a conscious act. Before we become silent to meditate, we reconcile ourselves to God. This is dying to our humanhood. We reconcile all that is real about ourselves – our feeling, seeing, perception, hearing.

⁸ John 12:32

⁹ John 7:23

We understand and know ourselves because we are really the expression of God’s own Being. The material sense has clothed us with mortality and that is a myth! We divest ourselves of this myth, cast off those grave clothes of mortality and reconcile ourselves to God.

Scripture says, “*As I live, saith the Lord, every knee shall bow to me, and every tongue shall confess to God.*”¹⁰ Everyone must reconcile himself to God and recognize that of himself, he is nothing. This body is not self-acting. It cannot move itself or breathe itself, and the heart cannot beat itself. “*Greater is He that is in you, than he that is in the world.*”¹¹ It is the Christ of your own being, this blessed *I* that is one with the Father who is the Thinker, the Knower and the Actor. You recognize and acknowledge this. Your first step may be, “*I live; yet not I, but Christ liveth in me,*”¹² and I see with Christed vision, hear with Christed ears, and feel with Christed affection that is unselfish and pure. Therefore I can touch all I meet with that tender touch of Christ. Just think, wherever Jesus went with his Christ-activated consciousness, the sick were healed and the eyes of the spiritually and physically blind were opened. He said, “*When ye have lifted up the Son of man, then shall ye know that I am he, and that I do nothing of myself.*”¹³ “*The Father that dwelleth in me, he doeth the works.*”¹⁴

And so it is with us. We can have the same degree of humility. “I of myself can do nothing. I reconcile myself

¹⁰ Romans 14:11

¹¹ 1 John 4:4

¹² Galatians 2:20

¹³ John 8:28

¹⁴ John 14:10

to God and I make of my body and mind instruments for God's Grace so that this divine Grace of Peace, Love, Joy, Righteousness, Integrity, and Self government can go forth and do Its work." This Light that emanates from us when we have reconciled ourselves to God is the perfume of our Soul. Just as the perfume of the rose or gardenia fills a room with its sweet fragrance, the Soul of the Christ-realized individual radiates this perfume of joy, goodness, peace and love. Wherever they go, this sacred influence heals and illumines.

This is why we are here: we reconcile ourselves to God and then reconcile the animal, plant and mineral kingdoms, and even the weather to God so that there is no hurt on God's holy mountain of spiritual understanding. *"The wolf also shall dwell with the lamb, and the leopard shall lie down with the kid; and the calf and the young lion and the fatling together; and a little child shall lead them."*¹⁵ Since one with God is a majority, thousands can be influenced by the perfume of your Soul. Without doing *anything*, *everything* is done by simply being That which we already Divinely are - an activity of Peace and Joy. Be neither anxious nor concerned with any form of discord. We see only the light of *I Am*, and we watch discord disappear from human consciousness as Light penetrates the atmosphere. Never sell short your periods of reconciliation through contemplative meditation. If you do this thoroughly, Peace and Joy will flood your being and you will feel the satisfaction of Soul in the Silence.

Dear Friend,

*"And I, if I be lifted up from the earth, will draw all men unto me."*¹⁶ Ours is a ministry of reconciliation. We are dying daily to personal sense, reconciling the reality of our being to God. We cannot reconcile God to the human concept - rather we die daily to the human concept of mortality. Then each day, we are born again of the Spirit and we are new creatures in Christ no longer entombed in mortality.

In this practice, we find our self-completeness in God and we need no other consciousness. We do this act of reconciliation for ourselves and for our neighbor. In so doing, we are loving our neighbor as ourselves.

Aloha,

Virginia

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¹⁵ Isaiah 11:6

¹⁶ John 12:32