



Monthly Lesson  
July 2013

### “Standing on the Two Principles”<sup>1</sup>

Each of us will have an individual experience as we travel the mystical path. If we are going to walk with God as Enoch<sup>2</sup> did, we need two legs to stand on. Those two legs are the two great principles – the nature of God, and the nature of error, and we must understand both principles. We have the tendency to love the nature of God, knowing that in our spiritual identity, we are one with God. The word is made flesh,<sup>3</sup> and dwells in us and as us. That word is *I Am*. We are not separated from that great *I Am*, all-knowing, all-seeing, all-acting and all-wise. This Word is living in us and as us if we will allow it.

Most of us have identified with our body as our reality, and in so doing, we make that Word a lie. The father of all lies is “I exist as body” which disregards the most important part of our being, Consciousness, the unseen and unknown. Consciousness cannot be measured, touched, felt or seen; it has no gender but appears as male or female. To live the truth is to walk with God, and that means that we must die daily to the false identification of mortal being that we impose upon

ourselves. Every day we must be born again of the Spirit and recognize the truth of Being, the truth of what we already divinely are. As we accept this truth into our consciousness, we can live by Grace and not by effort. What a difference this makes in our daily life! With this recognition, we are inspired and the *experience* of Consciousness unfolds graciously and gracefully as individual being.

We make the internal adjustment daily to raise up in us that Son of God, the *I Am*. We recognize that Consciousness is not in the body, and because we are conscious of the Universe in which we live, we realize that our body is *in* Consciousness. To really have a firm grasp of this truth makes us “*the light of the world.*”<sup>4</sup> We are living in the light and living the truth.

We establish both principles in ourselves each day. We recognize the truth that “I cannot be located anywhere in the body.” For a moment, look down at your feet and ask yourself, “Am I conscious of being in these feet and limbs?” Be honest, and you will have to say, “No, I am not conscious of being in the feet and limbs, but I am conscious that these are my legs and limbs. They cannot walk or move unless I decide to walk or move. *I* (Consciousness) control the feet and limbs.” Now think of your arms – can they move by themselves, or is it the *I*, Consciousness, that moves the arms? The legs, arms and all the organs of the torso as well as our digestion, heart beat, breathing, and so on, are directed by Consciousness. When you are asleep at night, your digestion operates, your heart beats, and

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<sup>1</sup> 1993 Gold Coast Class, Tape I (9310), Side 1

<sup>2</sup> Genesis 5:24

<sup>3</sup> See John 1:14

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<sup>4</sup> Matthew 5:14

you breathe. But it is actually Consciousness that breathes you; it is Life that breathes and animates you, and God is Life, the great *I Am* is Life eternal. “Consciousness lives Itself – you do not live It.”<sup>5</sup>

Now we go up to the head. We realize that the brain is a computer; we feed knowledge into it, but it is not the seat of wisdom. It must be trained; it, too, is an organ given to us with unlimited possibilities according to our dedication and commitment to learning. It is *I*, Consciousness, that is the Intelligence, the Awareness that makes choices. The body and brain cannot choose – it is *I*, Consciousness. We have to ask ourselves, “Do the eyes see, do the ears hear, or is it Consciousness that sees and hears?” We admit that if we remove Consciousness from the body, the body collapses. The eyes do not see and the ears do not hear.

So it is Consciousness that animates, maintains and sustains the body. In fact, it was Consciousness that formed the body in the womb and brought it forth into expression as an instrument of God’s grace. We were not formed in the belly and brought forth into expression to suffer or work by the sweat of our brow – we were brought forth to demonstrate God’s glory. “*Even every one that is called by my name: for I have created him for my glory, I have formed him; yea, I have made him.*”<sup>6</sup> That is our inheritance of Grace and this is the truth that we must accept. We are created to show forth God’s glory, and God is not glorified in sickness, disease, poverty, or in any discord of any name or nature.

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<sup>5</sup> Wisdom, *The Infinite Way*, Joel S. Goldsmith

<sup>6</sup> Isaiah 43:7

When the Heavens show forth God’s glory, they demonstrate perfect order. The constellations and planets are all maintained in perfect order by the creative Principle. When we plant carrot seeds in our garden, a carrot grows; when we plant rose seeds, roses grow; and when we plant apple seeds, an apple tree grows because there is a law in operation of like-begetting-like. Since we are the seed of God, this *I* that I am and this *I* that you are is God’s seed created for God’s glory. This seed of God, this *I*, exists in all Its fullness in each one of us in Consciousness and as Consciousness, but we must surrender daily the human sense of identification, the human sense of giving power to the world of effect. We must learn that all power is in the great *I Am*, the All-knowing, the All-seeing, the All-acting, and the All-wise.

There is *no power* in any form or effect. God did not create an opposite power or any opposition to His law of like-begetting-like. We see it manifest in our natural world – apples come from apple trees, oranges from orange trees, fish beget fish, and fowl beget fowl, each after its own kind. We are made in the image and likeness of God and that is our spiritual birthright. This is the absolute truth: God appears as individual being, as individual consciousness. The Word is made flesh, and we all possess this Grace and Truth. It is within all of us in all Its fullness, awaiting our recognition and acceptance. This is the great principle of oneness: “*I and my Father are one*”<sup>7</sup> and nothing can separate this *I* of my being from the love of God. It has all the qualities of God – the love, wisdom, truth,

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<sup>7</sup> John 10:30

all that *Is*. This *I* of my being requires only receptivity and love to operate in me. *“Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.”*<sup>8</sup>

And so we learn that prayer is recognizing this truth of *I Am* and realizing that our humility, receptivity and love allows this creative Principle to operate in us, through us and as us. This infinite Life animates this body, renews it, and restores it. In fact, every year, every cell in our body is changed, not through our effort but by an activity of divine Grace. It takes humility, receptivity and responsiveness to allow this Truth of infinite Being to express Itself to Itself and as Itself without any human interference. When we arrive at that level of awareness, we find that we live a life by Grace. We are fed Truth from within as we need it. We find that our capacities are infinite – capacities to love, to learn, to forgive, to be grateful, to be patient, to be meek. All of these qualities are infinite when we recognize that which truly *Is* is omnipresent as the infinite nature of our being.

We become an inlet and an outlet for this Grace through meditation. Our meditations do not have to be long – we turn within for many short meditations where we lift up the *I* and realize its universal nature. This one Ego is the only ego there is, and every man, woman and child is entitled to the government of this divine Being. According to our receptivity, this Government takes over our life. So meditation creates in us a state of receptivity in which we can listen, abide and wait upon the Lord.

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<sup>8</sup> Matthew 22:37

That is one leg but like the tares and the wheat, there is another leg, and that is how we handle the human side of ourselves. We do not condemn or judge ourselves because we know we have been indoctrinated in a racial frame of reference and a sexual orientation, and we are always identifying with ourselves, not as we truly are, but as physical being. This thought is so strong in us that in the beginning, we find our spans of time in living the spiritual life are just moments in the day – there is not a continual awareness of the presence of God. We forget and identify with the body, our family or a job. We see people in our family as mortals with failings; we give calendar years power and put those years on those we know.

This is where we must awaken! We awaken from this dream world of material sense. The only way we can do this is by observing our reactions, thoughts, and mental processes. This observation is most important to us, and is probably the most enlightening form of meditation because it reveals to us what is NOT, and shows us how we are manipulated and hypnotized by the thoughts that come into our awareness. All through the Bible, we are called to awaken – *“Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.”*<sup>9</sup> We find that the world in which we are living is like a field where tares and wheat have been sown. The wheat is the truth of Being but the tares bear no fruitage yet they look just like the wheat. Until the day of harvest, we don't know the difference. So here we are looking at a mental field where lots of wheat and tares are growing side by

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<sup>9</sup> Ephesians 5:14

side. We have the Truth of God that we have been reading, and we also have this that *looks* like truth, but we learn that when we try to “eat” it, it has no sustenance because it does not contain the kernel of truth. How are we to discriminate between the tares and the wheat? There is only one way – recognize that you do not know, but within you, the Christ is operating as the child of God, and this spiritual activity, transcendental Consciousness knows. It knows the truth and will reveal to you the plants that are tares and those which are wheat.

In most of us, it is our human “good” tendencies and thoughts of what “should be” and “how it should be done” that are the tares. This is our indoctrination or *conditioning*. As Paul said, “*For the good that I would I do not: but the evil which I would not, that I do.*”<sup>10</sup> We may have no evil intent, but a temporary sense of good might be the “do-gooder” that could interfere with our spiritual development or that of another. What we need to learn is that we don’t really know anything except this: there is a Presence within us that created us and brought us forth into expression, and we can turn within any moment of the day or night and be directed, protected and informed. We turn to this Presence in humility and say, “Teach me, O Lord, thy ways – open my eyes and ears to Your understanding.” Often then, we will become aware of the best next step to take, or the truth becomes obvious and new horizons of Consciousness appear. This is called spiritual discernment.

*Dear Friend:*

*This vital lesson helps us to discern the real from the unreal. Spiritual discernment is spiritual action. To see the truth enables you to BE the truth. To see the error as an erroneous appearance enables you to be FREE. The great faculty of spiritual discernment operates to reveal the false as false.*

*This seeing of the false as false enables us to walk freely in the Master’s footsteps of never taking up the sword. When the error is uncovered, it is two thirds destroyed, and the other third destroys itself. Thus, Love ever at work is allowed to operate in us and as us through being Beholders of God in action.*

*Aloha,*

*Virginia*

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<sup>10</sup> Romans 7:19