



Monthly Lesson  
August 2012

**“Specific Treatment on Substance, Law,  
Cause and Activity”<sup>1</sup>**

We have a statement from the writings and a question that I think is important: “Spiritual healing is impersonal; it does not depend on any person or condition, but only on conscious realization of God which requires an individual or person to realize that. Yet Joel says that occasionally healings require realization of truth, specific truth for a given claim.”

We spoke earlier of entering the All, a way that we inwardly commune. There is another very important step. That is the metaphysical step in which we educate ourselves out of the belief in two powers. This cannot be avoided. *“Judge not according to the appearance, but judge righteous judgment.”*<sup>2</sup> This is the process we must all practice. It means reinterpretation, a conscious activity that purifies us mentally until we individually are not subject to the carnal mind activity. We imbue our minds with the truth of one Power and one Presence, then through meditation and the realization of our oneness with

the Father, we are immersed in that Love, security and safety. Eventually, as we turn within to the Kingdom of God, the most loving Being is there waiting to satisfy every longing of our hearts – not on a material level, but on the spiritual level. That is communion, and why we know that God is Love. We know that this Consciousness that I am and you are is Love.

Now through contemplation and working with principles, we develop our awareness of God consciousness, the consciousness of Truth and Love. The most helpful readings are Joel’s Wisdoms because they are right to the point, particularly the Wisdom, “Acknowledge God as the substance, law, cause, and activity of all that is, and immediately refrain from meddling physically or mentally in the without. Get back inside yourself, and there resolve all appearances.”<sup>3</sup>

This is our work, to acknowledge God in all our ways. Specifically, if you see a discordant appearance in your family that may have to do with the flesh, to your sense, it might appear as substance. The appearance might be a lack, or poverty sense, a misunderstanding of the nature of true substance. Let’s take the word, substance. This is specific work, whether you are doing it with a patient or not. You specifically focus on the nature of God as the substance of all form. First, you recognize that the true substance is Spirit. *Spirit is the essence and substance of all being. Spirit is invisible and incorporeal so this universe is spiritual. So the essence and substance of this universe is*

<sup>1</sup> 1991 Asilomar Retreat, Tape IV (9107), Side 2

<sup>2</sup> John 7:24

<sup>3</sup> The Infinite Way by Joel Goldsmith

*incorporeal and invisible. Life is Spirit. Life is the essence. That I in the midst of me is Spirit, It is the Spirit of Life, the Spirit of Love, the Spirit of Truth. It is not phenomenal. I can't see It, taste It, touch It, smell It, or feel It. In my meditation, I'm not looking for any kind of phenomenon. "It is the spirit that quickeneth;" [gives life].*<sup>4</sup>

*So this substance is omnipresent, indivisible; there are no amounts in the substance of Infinity so there could not be too little or too much. It is not linear but is a whole circle of Love. This entire globe, the Earth, is a circle of Love that is circulating; Its substance is invisible -- Love, multiplying Omnipresence, here, there and everywhere. This substance is the I that I am, so I am the substance of my experience, Spirit is the substance. So how could I ever lack substance? Spirit is the substance and activity of consciousness and I am consciousness.*

That is an example of focusing on just one word. If I focus on Spirit as the substance of my experience, I could never be poor, have too much or too little, but would always be in the perfect balance and rhythm because I would have aligned myself to what it means to understand the nature of God or Spirit as substance. You can see that Jesus had a thorough understanding of this because he could walk on the water and cross to the other side. He knew it when he said, "*Lazarus, come forth*"<sup>5</sup> and when he could say to the man who had been crippled for 35 years, "*Rise, take up thy bed, and*

*walk.*"<sup>6</sup> Jesus was aware of Spirit as the true substance and consciousness of Body. The flesh, blood, bone, the structural sense of our body and of the universe is a mental formation based on the belief in two powers. But the true Body is spiritual and non-structural; Its essence and substance is Spirit. The Advaita of India says, "I am Spirit, incessantly entertained disperses the hallucination born of the senses."<sup>7</sup> If we keep our vision focused on a spiritual universe and realize that the substance of this universe is incorporeal and invisible, it would never be depleted, wear out, or diminish but would always be present. You could have all and I could have all.

Let's think for a minute of the digits, 1-2-3-4-5-6-7-8-9-0. What is the substance of those digits? It is spiritual, isn't it? We can all have all the digits. Universal Intelligence does not withhold any digits from any of us. You can have all of them and I can have all of them because they are spiritual formations that enable us to use mathematical equations. They are invisible and incorporeal, yet we see them manifest and use them every day. We would never think they could be depleted. What if we changed our concept about money and realized that money is just a symbol of these invisible digits whose substance is spiritual and incorporeal? What if we realized the infinity of those digits? This contemplation would change our concept of supply.

Let's look at Do, Re, Mi, Fa, Sol, La, Ti, Do. Everyone can have Do, Re, Mi, Fa, Sol, La, Ti, Do.

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<sup>4</sup> John 6:63

<sup>5</sup> John 11:43

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<sup>6</sup> John 5:8

<sup>7</sup> See Spiritual Interpretation of Scripture, in the chapter, "Universality of Truth" by Joel S. Goldsmith

These notes do not belong to anyone; they are part of the spiritual, harmonious structure of music. They are omnipresent, incorporeal, indestructible, infinite and eternal. This is reinterpretation; it is contemplation of incorporeality to educate your human mentality out of the belief that substance is visible, tangible, has weight, and has to be moved in time and space. Spirit alone is substance that fills all space and is omnipresent. Now you are educating the human mind out of itself.

Let's take law. God is the only law and lawgiver. What is law? *I Am that I Am* - God the Father, God the Son (or the Living Word), God the Holy Spirit. *I Am that I Am* is a law operating in our inner self, our mind, and our heart. If we are aware of It, It will always keep us in the harmonious rhythm of the universe. There is no law of diminishing returns; that only has to do with the material sense, the structural sense of the universe. There is no law of atrophy. There is no law of age. Those are beliefs that life and substance are material instead of spiritual. There is no law of disease. Disease is an abnormal activity. We recognize that God's law is in our inner Self, our mind, and our heart and this is a law of Love, a law of Oneness.

*I can never be separated from the Love of God. "For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death."*<sup>8</sup> *So I am not under any mental laws, physical laws, moral laws, or karmic laws. I am God-governed, God-maintained, and God-sustained by the law of Love.*

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<sup>8</sup> Romans 8:12

*That means I am obedient to all the commandments: To love the Lord, my God, with all my heart, mind and soul, to love this I in the midst of me that is the Father and the son. God the Father expresses Itself individually as the Spirit of God in me, my Christhood, and we are ever One. Only the Father knows the son and the son knows the Father.*<sup>9</sup> *The Father never knows our sinful thoughts or activities; He only knows His son.*

*We tabernacle in our divine sonship and as we recognize that I in the midst of me is God the Father, God the son, I am living, moving and having my being in this divine principle of Oneness. It is functioning as a law of renewal, regeneration, and restoration to every member of my body. I don't have to know how, It just Is. I do know that the law of God is working in my heart, my mind and my soul, keeping me ever free from the hypnotism and mental malpractice of this world.*

That is an example of contemplation, and if you have a realization of God as Law, you will never need to ponder it again. But until you have a complete realization, you must work with it. That is a specific truth; if someone calls you with a discord or claim, you must know that there is no law of disease, that God is the only law, the only lawgiver, and that this is realized in conscious union with God.

Now we come to "cause." We must realize that God, Spirit, is the only cause. Spirit is the only

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<sup>9</sup> See Luke 10:22

power. So all power is in Cause. There is no power in the world of effect. You could live with that for a long time. Look out at the world of effect and go back to the unseen Cause, the *I*, Consciousness, or God. Realize, “I couldn’t be aware of the universe in which I live if it were not for the creative Principle of Consciousness. To have a consciousness of My universe, I have to be conscious of the first Cause, and if I am conscious of the original Cause, and I put all the power in that Cause and no power in effect, then I am never at the mercy of the concepts in the world of effect.”

So God is the only cause. That means the consciousness that I am is the only cause in my experience, and if I acknowledge that God, Spirit, is my consciousness and I’m attuned to It every day, then surely, nothing can ever enter my life that “defileth or maketh a lie.”<sup>10</sup> We see then that the so-called law of cause and effect, or the karmic law, or the law of “as you sow, so you shall reap” on the human level is part of the dream world, only apropos to the belief that I have a selfhood apart from God. But once I have caught a glimpse of the inner Kingdom and the *I* that I really am, pure Consciousness, and I realize that is the only cause, then all power is in that Consciousness.

When I know that “*I and my Father are one,*”<sup>11</sup> all power is within me. This is not power I can use, but is just what *Is*. I have realized my Self-completeness in God and this realization is my demonstration.

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<sup>10</sup> Revelation 21:27

<sup>11</sup> John 10:30

*Dear Friend,*

*As we master this lesson, we can easily rest in Omnipotence and see the fruitage of conscious communion. Instead of living on a fragmented level of awareness, we live in conscious wholeness. “For in Him we live, and move and have our being.”<sup>12</sup> We can rest in Omnipotence and trust Omniscience, thereby living in Omnipresence. Indeed, the kingdom of Heaven is within us and now we have come into our Sabbath rest.*

*Let this loving cushion of Consciousness give rest to those who are burdened and disturbed by the hype of the election season. The cushion of peace with which we embrace our community and world lessens the fear and allows reason and inspiration to guide us.*

*In loving Oneness,*



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<sup>12</sup> Acts 17:28